

Bearded Dragon *Growth* & Supplement Guide



WITH UVB LIGHTING

WITHOUT UVB LIGHTING



BABY (0–6 Months)



- Calcium + D3: 1–2x per Week



- Multivitamin: 1x per Week (All Stages)



- Plain Calcium: All Other Feedings



- Calcium + D3: 4–5x per Week



- Multivitamin: 1x per Week (All Stages)



- Plain Calcium: Remaining Feedings

SUBADULT (6–12 Months)



- Calcium + D3: 1x per Week



- Multivitamin: 1x per Week (All Stages)



- Plain Calcium: All Other Feedings



- Calcium + D3: 3–4x per Week



- Multivitamin: 1x per Week (All Stages)



- Plain Calcium: Remaining Feedings

ADULT (12+ Months)



- Calcium + D3: 2x per Month



- Multivitamin: 1x per Week (All Stages)



- Plain Calcium: All Other Feedings



- Calcium + D3: 2–3x per Week



- Multivitamin: 1x per Week (All Stages)



- Plain Calcium: Remaining Feedings



- Calcium + D3: Supports Bone Health & Metabolism



- Multivitamin: Provides Essential Vitamins & Minerals



- Plain Calcium: Use on Non-D3 Days

UVB Recommended for Best Health!



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